

# LEON



**BREAKFAST SERVED UNTIL 11AM**  
**LUNCH SERVED FROM 11AM**  
**BETTER BURGERS SERVED FROM 5PM**

▼ **LOW SATURATED FAT** ✓ **LOW GLYCEMIC LOAD** **WF WHEAT FREE** **GF GLUTEN FREE** **DF DAIRY FREE** **V VEGETARIAN** **Ve VEGAN** **NUTS HAS NUTS IN**

## LITTLE HOT BOXES WITH ITALIAN BROWN RICE

**MOROCCAN MEATBALLS**  
 GRILLED MEATBALLS  
 COOKED DOWN IN A TOMATO SAUCE WITH SPICES, TOPPED WITH FRESHLY CHOPPED PARSLEY & MINT.



**4.75**  
 ▼ / WF GF DF

**SICILIAN CHICKEN MEATBALLS**  
 SICILIAN MEATBALLS WITH CAPERS, FENNEL AND CHILLI, SERVED IN OUR LEON TOMATO SAUCE, TOPPED WITH SICILIAN PESTO, MADE WITH FRESH BASIL, CASHEW NUTS AND TOMATOES.

**5.35**  
 ✓ WF GF NUTS

**BRAZILIAN BLACK BEAN**  
 OUR VERSION OF THE TRADITIONAL BRAZILIAN FEIJOA, BLACK BEANS, CARROTS AND ONIONS SPICED WITH SWEET & SMOKED PAPRIKA. IT TASTES DECADENT WHILE BEING REMARKABLY GOOD FOR YOU.

**4.25**  
 ▼ / WF GF DF V Ve

CHICKEN LEMON & OLIVE TAGINE

WELCOME BACK OUR LEAN & CLEAN TAGINE. CHICKEN THIGH SLOW COOKED WITH PRESERVED LEMONS AND GREEN OLIVES. MADE WITH CUMIN, CINNAMON AND TURMERIC AND SERVED WITH BROWN RICE.

5.75

▼ / WF GF

## SUPERFOOD SALADS

**VIETNAMESE CHICKEN RICE NOODLE SALAD** NEW  
 A PUNCHY SUMMER SALAD, SHREDDED CHARGRILLED CHICKEN WITH CARROT, CUCUMBER & CHINESE CABBAGE TOPPED OFF WITH FRESH CORIANDER AND MINT AND A CHILLI & LIME DRESSING.  
**ALL FOR UNDER 300 KCAL.**

**4.95 OUT / 5.95 IN**  
 ▼ / WF GF DF

**CHARGRILLED CHICKEN & CHORIZO CLUB**  
 CHARGRILLED CHICKEN THIGH, ROASTED PEPPERS AND SPANISH CHORIZO. SERVED ON OUR SUPERFOOD SALAD BASE WITH FRESH HERBS & AIOLI.

**6.15 OUT / 7.40 IN**  
 ▼ / WF GF

**CHARGRILLED CHICKEN AIOLI**  
 CHARGRILLED CHICKEN THIGH SERVED ON FRESH LEAVES AND BROCCOLI WITH PEAS, QUINOA, BABY PLUM TOMATOES, FRESH HERBS AND TOASTED SEEDS. TOPPED WITH OUR GARLIC AIOLI.

**5.95 OUT / 7.15 IN**  
 ▼ / WF GF

**HOT SMOKED SALMON** NEW  
 SCOTTISH HOT SMOKED SALMON SERVED ON FRESH LEAVES AND BROCCOLI WITH CRUSHED PEAS, QUINOA, BABY PLUM TOMATOES, AND OUR OWN-MADE TARTARE SAUCE. THAT'S COOL.

**6.75 OUT / 8.10 IN**  
 ▼ / WF GF DF

## HAPPY SALADS RECIPES FROM OUR NEW COOKBOOK.

**VEGAN SUPERCLEAN QUINOA SALAD**  
 TOASTED BRITISH QUINOA, WITH SEMI-DRIED TOMATOES, PEAS, CUCUMBER, FRESH MINT AND PARSLEY, TOPPED WITH POMEGRANATE SEEDS.

**3.95 OUT / 4.75 IN**  
 ▼ / WF GF DF V Ve

**ORIGINAL SUPERFOOD**  
 BROCCOLI, PEAS, AVOCADO, CUCUMBER, QUINOA, GREEK-STYLE CHEESE, PARSLEY AND MINT, TOASTED SEEDS & A POT OF VINAIGRETTE. FOOD FOR THE FUTURE.

**4.95 OUT / 5.95 IN**  
 ✓ WF GF V

**CHICKEN SUPERCLEAN QUINOA SALAD**  
 A SUPER LOW CALORIE SALAD WITH SHREDDED CHARGRILLED CHICKEN, SEMI-DRIED TOMATOES, FRESH MINT & PARSLEY, TOPPED WITH POMEGRANATE SEEDS.

**4.45 OUT / 5.35 IN**  
 ▼ / WF GF DF

**COURGETTI & PESTO SALAD**  
 SPIRALISED COURGETTES AND SHREDDED KALE, SPRINKLED WITH GREEK-STYLE CHEESE. TOSSED IN OUR SICILIAN PESTO, MADE WITH FRESH BASIL, CASHEW NUTS & TOMATOES. LOADED WITH GREEN NUTRIENTS, IT'S A GREAT SOURCE OF PROTEIN. GREENS CAN COME TRUE.

**4.45 OUT / 5.35 IN**  
 ✓ WF GF V NUTS

**WE STARTED LEON TO MAKE IT EASY FOR EVERYONE TO EAT WELL.**

## BIG HOT BOXES WITH ITALIAN BROWN RICE & FRESH SESAME SLAW

**CHARGRILLED CHICKEN HOT BOX**  
 CHARGRILLED CHICKEN THIGH WITH A HANDFUL OF FRESHLY CHOPPED HERBS.

**6.95**  
**CHOOSE YOUR SAUCE**  
 GARLIC AIOLI ▼ / WF GF  
 CHILLI ▼ / WF GF DF  
 TARRAGON MAYO ▼ / WF GF DF

**CHICKEN & CHORIZO CLUB**  
 CHARGRILLED CHICKEN THIGH WITH SLICES OF ROASTED SPANISH CHORIZO, TOPPED WITH RED PEPPERS AND PARSLEY.

**6.95**  
 ▼ / WF GF

**THAI GREEN CHICKEN CURRY**  
 SLOW COOKED SHREDDED CHICKEN THIGH, ROASTED AUBERGINE AND BAMBOO SHOOTS, WITH LEMONGRASS, LIME LEAVES & GREEN CHILLI.

**6.95**  
 ▼ / WF GF DF

**MOROCCAN MEATBALLS** NOW BIGGER BALLS  
 GRILLED MEATBALLS  
 COOKED DOWN IN A TOMATO SAUCE WITH SPICES, FRESHLY CHOPPED PARSLEY & MINT, TOASTED SEEDS AND AIOLI.

**6.95**  
 ✓ WF GF

**LAMB KOFTE HOT BOX**  
 OUR LEON LAMB KOFTE, SLOW COOKED WITH CHILLI, GARLIC & CUMIN. SERVED WITH PICKLE RELISH, AIOLI AND CHILLI SAUCE.

**6.95**  
 ✓ WF GF

**SWEET POTATO FALAFEL**  
 OUR VERSION OF THE MIDDLE EASTERN CLASSIC. MADE WITH CHICKPEAS, SWEET POTATO & SPICES. TOPPED WITH ROASTED RED PEPPERS, GARLIC AIOLI AND PARSLEY.

**5.95**  
 ▼ WF GF V

## WRAPS SERVED IN A GRILLED KHOBEZ FLATBREAD

**GRILLED HALLOUMI**  
 GRILLED HALLOUMI, FRESH COS LETTUCE, SLICES OF PICKLE, BABY PLUM TOMATO, PARSLEY & MINT, AIOLI AND OUR SWEET CHILLI JAM.

**4.65**  
 V

**CHARGRILLED AIOLI CHICKEN**  
 CHARGRILLED CHICKEN THIGH, FRESH COS, SLICES OF PICKLE, BABY PLUM TOMATO, CHOPPED MINT & PARSLEY AND GARLIC AIOLI

**4.95**  
 ▼ / ✓

**LAMB KOFTE WRAP**  
 SLOW COOKED WITH CHILLI, GARLIC & CUMIN. WRAPPED UP WITH POMEGRANATE, MINT AND PARSLEY. A PRIMA DONER.

**5.25**  
 ✓

**CHICKEN & CHORIZO CLUB**  
 CHARGRILLED CHICKEN THIGH AND SLICES OF ROASTED SPANISH CHORIZO, WITH FRESH COS LETTUCE, SLICES OF PICKLE, GARLIC AIOLI AND LEON CHILLI SAUCE.

**5.15**  
 ✓

## THE FISH FINGER WRAP

**COD FILLET FROM SUSTAINABLE SHOALS, SERVED WITH COS LETTUCE, SLICES OF PICKLE AND OUR OWN-MADE TARTARE SAUCE.**



**4.85**  
 ▼ DF

\*MAY CONTAIN TRACES OF FISH BONE.

POWER OF PLANTS

WE THINK THAT PLANTS HAVE SPENT ENOUGH TIME ON THE SIDE OF OUR PLATES, AND DESERVE A MOMENT IN THE SPOTLIGHT. IT'S TIME FOR A BIT OF VEG-UCATION. IT HAS BEEN ONE OF OUR PRINCIPAL TASKS SINCE WE OPENED IN 2004 TO MAKE VEGETABLES TASTE GOOD. PLANTS ARE ONE THING EVERYONE CAN AGREE THAT YOU CAN'T EAT 'TOO MUCH' OF. IT IS CLEAR THAT VEGETABLES (AS WELL AS THE CHILDREN) ARE OUR FUTURE.

CHARGRILLED

## CHICKEN BURGER

CHARGRILLED BUTTERFLIED CHICKEN THIGH WITH FRESH ROCKET, TOMATO AND PICKLES, FINISHED WITH OUR PUNCHY OLIVE OIL HERB MAYONNAISE.

**5.75**  
 ▼

## BETTER BURGERS

ONLY AVAILABLE AFTER 5PM.

**FISH FINGER BURGER**  
 COD FILLET FROM SUSTAINABLE SHOALS, WITH TARTARE SAUCE, PICKLE RELISH, TOMATO & ROCKET.

**5.75**  
 ▼

**GRILLED HALLOUMI BURGER**  
 CHARGRILLED HALLOUMI SERVED WITH TOMATO, CUCUMBER, PICKLE RELISH, ROCKET AND AIOLI.

**5.45**  
 V

## SIDES

**LEON BAKED FRIES**  
 CRISPY BAKED POTATO FRIES SPRINKLED WITH LEON SEASONING.

**2.20**  
 WF GF DF V Ve

**HUMMUS**  
 CHICKPEA DIP WITH TAHINI, LEMON JUICE AND GARLIC. TOPPED WITH A SPRINKLING OF HERBS AND SPICES. HUMMUS WHERE THE HEART IS.

**1.95 OUT / 2.35 IN**  
 ✓ WF GF DF V Ve

ADD A KHOBEZ FLAT BREAD FOR 50p  
 DF V Ve

**CRUSHED PEA SALAD**  
 MORE THAN PEA-SIZED POWER. MINTED PEAS TOPPED WITH TOASTED SEEDS, TOSSED IN A MUSTARD TAHINI DRESSING, SERVED WITH A WEDGE OF LEMON. A SIZEABLE SIDE OF PROTEIN.

**1.95 OUT / 2.35 IN**  
 ♥ / WF GF DF V Ve

**CHARGRILLED CHICKEN POT**  
 CHARGRILLED CHICKEN THIGH WITH MINT AND PARSLEY. PUMP UP THE PROTEIN.

**3.45**  
 ♥ / WF GF DF

✓ LOW SATURATED FAT ✓ LOW GLYCEMIC LOAD WF WHEAT FREE GF GLUTEN FREE DF DAIRY FREE V VEGETARIAN Ve VEGAN NUTS HAS NUTS IN

## LEON POACHED EGG POTS

### POACHED EGG & SAUCY BEANS

SLOW COOKED HARICOT BEANS FOR A SLOW ENERGY RELEASE, WITH A FREE RANGE POACHED EGG.

1.95  
✓ WF GF DF V

### FULL ENGLISH BREAKFAST POT

POACHED EGG TOPPED WITH CUMBERLAND SAUSAGE, BRITISH BACK BACON AND SAUCY BEANS.

3.75  
✓ DF

### POACHED EGG WITH HAM & TRUFFLE GRUYÈRE

POACHED EGG TOPPED WITH HAM HOCK AND OUR TRUFFLE GRUYÈRE SAUCE.

2.65  
✓ WF GF

### POACHED EGG WITH CHORIZO & SAUCY BEANS

POACHED EGG TOPPED WITH ROASTED SPANISH CHORIZO AND SLOW COOKED SAUCY BEANS.

2.35  
✓ WF GF



**SALMON & AVOCADO**  
POACHED EGG POT

SMOKED SALMON WITH FRESH AVOCADO ON A POACHED EGG. FINISHED WITH GROUND BLACK PEPPER. WE SOURCE OUR SALMON FROM SCOTLAND'S OLDEST INDEPENDENT SALMON FARM, WESTER ROSS.

2.95  
✓ WF GF DF



ADD AN EXTRA EGG TO YOUR EGG POT FOR 50p

## GOOD MORNING MUFFINS

### SMOKED SALMON & EGG MUFFIN

SMOKED SALMON, A FREE-RANGE EGG, SPINACH WITH A LEMON AND DILL YOGHURT, SERVED IN A TOASTED ENGLISH MUFFIN.

3.75  
✓

### MUSHROOM & EGG MUFFIN

ROASTED PORTOBELLO MUSHROOMS, A FREE RANGE EGG, SPINACH & LEON-MADE KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN

3.75  
✓ V

### BACON & EGG MUFFIN

BRITISH BACK BACON, A FREE-RANGE EGG, SPINACH AND LEON-MADE TOMATO KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN.

3.75  
✓

### SAUSAGE & EGG MUFFIN

BRITISH CUMBERLAND SAUSAGE & HOME-MADE TOMATO KETCHUP, SERVED IN A TOASTED ENGLISH MUFFIN WITH A FREE RANGE EGG.

3.75

## TOAST

### TOAST OF THE TOWN

TWO SLICES OF ARTISAN WHOLEMEAL TOAST, WITH OUR DATE & VANILLA BUTTER, SPRINKLED WITH CINNAMON.

1.50 v

### HOT BUTTERED TOAST

TWO SLICES OF ARTISAN WHOLEMEAL TOAST, BUTTERED.

1.20 v

### TOAST & BLOSSOM HONEY

TWO SLICES OF ARTISAN WHOLEMEAL TOAST, AND OUR RAW, ORGANIC HONEY.

1.35 v

## MAGIC PORRIDGE POTS

### SIMPLE PORRIDGE

ORGANIC SIMPLE PORRIDGE. KEEP IT SIMPLE OR ADD YOUR CHOICE OF TOPPINGS.

2.00  
30P PER TOPPING  
ALMOND MILK OPTION:  
✓ WF DF V Ve NUTS

### PORRIDGE OF THE GODS

WITH BANANA, MONTEZUMA 73% CHOCOLATE FLAKES AND RAW ORGANIC HONEY.

2.50  
✓ WF V  
ALMOND MILK OPTION:  
✓ WF DF V NUTS

### PORRIDGE WITH BANANA & CINNAMON

NATURALLY SWEETENED WITH OUR DATE & VANILLA PUREE.

2.50  
✓ WF V  
ALMOND MILK OPTION:  
✓ WF DF V Ve NUTS

### PORRIDGE WITH HONEY, BLUEBERRIES & TOASTED SEEDS

WITH BLUEBERRIES, TOASTED SEEDS AND RAW ORGANIC HONEY.

2.50  
✓ WF V  
ALMOND MILK OPTION:  
✓ WF DF V NUTS



OUR MULTIFLOWER HONEY COMES STRAIGHT FROM THE HIVE; RAW, ORGANIC AND HARVESTED FROM WILDFLOWER MEADOWS AND TREES IN CERTIFIED ORGANIC LAND IN EUROPE. IT IS JAM-PACKED FULL OF ANTI-INFLAMMATORY GOODNESS.

## GREEK YOGHURT

### YOGHURT WITH BLUEBERRIES, HONEY & POMEGRANATE

GREEK STYLE YOGHURT WITH BLUEBERRIES & POMEGRANATE SEEDS DRIZZLED WITH RAW, ORGANIC HONEY

1.95 OUT / 2.35 IN  
✓ WF GF V

## COFFEE

FAIR TRADE, ORGANIC & WORLD LAND TRUST

### CAPPUCCINO

2.40

### LATTE

2.40

### AMERICANO

2.00

### FILTER

1.00

### FLAT WHITE

2.35

### ESPRESSO

1.55

### MACCHIATO

1.55

### MOCHA

2.65



LONDON W1P 7JF  
**LEON.**  
35-36 Gt. Marlborough St.  
**Fair Trade & Organic**  
NOME DEL PASSEGGERO  
**BAGAGLIAIO**

WE WERE ONE OF THE FIRST IN LONDON TO SERVE COFFEE THAT WAS FAIR TRADE AND ORGANIC CERTIFIED (IT'S ALSO WORLD LAND TRUST). WE USE A MEDIUM ROAST BLEND OF 100% ARABICA BEANS FROM PERU.

## HOT CHOCOLATE

MONTEZUMA 73% CHOCOLATE FLAKES MELTED INTO STEAMED ORGANIC WHOLE MILK.

2.65

## TEAS

### ENGLISH BREAKFAST

### EARL GREY TEA

### CHINA GREEN TEA

1.65

LOTS OF OUR RESTAURANTS ARE NOW PART OF THE BIO-BEAN INITIATIVE. OUR COFFEE GROUNDS ARE COLLECTED AND CONVERTED INTO GREEN RENEWABLE ENERGY.

## CLEAN SHAKES

### POWER PROTEIN SMOOTHIE

FEEL POWERFUL, RE-ENERGIZE AND RECOVER WITH OUR HIGH PROTEIN MILK, BANANA, ALMOND BUTTER & WHEY SHAKE. IT WON'T HELP YOU RULE THE WORLD. IT'S MUCH BETTER THAN THAT.

2.65 OUT / 3.20 IN  
✓ WF GF V NUTS

### CLEAN GREEN SHAKE

AVOCADO, SPINACH & APPLE BOOSTED WITH GINGER & LEMON JUICE. MADE TO MEND YOU, WITH COCONUT WATER.

2.95  
✓ WF GF DF V Ve

### BLUEBERRY & ELDERFLOWER KEFIR

THIS BOLD BLUEBERRY & ELDERFLOWER KEFIR SHAKE IS FERMENTED, SO IT'S FULL OF GOOD BACTERIA AND SUPER GOOD FOR YOUR GUT. IT'S GOT NO ADDED SUGAR, BECAUSE YOU'RE SWEET ENOUGH ALREADY.

2.95 OUT / 3.55 IN  
✓ WF GF V

### CARROT, APPLE & GINGER JUICE

COLD PRESSED RAW CARROTS WITH APPLE, GINGER AND TURMERIC. BLENDED TO MEND YOU WITH ANTI-INFLAMMATORY GOODNESS.

2.95  
✓ WF GF DF V Ve

## JUICES

### GOJI BERRY JUICY WATER

GOJI BERRY, PASSION FRUIT, GRAPE JUICE.

1.90  
✓ WF GF DF V Ve

### WHITE TEA & PEACH JUICY WATER

CHINESE WHITE TEA, WITH PEACH JUICE.

1.90  
✓ WF GF DF V Ve

### LEMON, LIME & GINGER QUENCHER

FRESH LEMON & LIME JUICE, WITH A TOUCH OF GINGER FOR A LITTLE EXTRA KICK.

2.20  
✓ WF GF DF V Ve

### FRESH LEON-MADE LEMONADE

FROM FRESHLY SQUEEZED LEMONS. NOW WITH 20% LESS SUGAR.

2.00  
✓ WF GF DF V Ve

### FRESHLY SQUEEZED ORANGE JUICE

WITH ALL THE JUICY BITS.

1.95  
✓ WF GF DF V Ve



MEAL DEAL

..... ANY .....  
**BREAKFAST ITEM & A COFFEE**  
..... £4.25 .....



HOW WAS IT TODAY?

LET US KNOW AT LEONRESTAURANTS.CO.UK/FEEDBACK

AT LEON WE DON'T DO "TIPS" WE REWARD OUR TEAMS FOR GOOD FEEDBACK. TELL US WHAT YOU THINK FOR A CHANCE TO

WIN  
A COOKBOOK & 250 LEON POUNDS EVERY MONTH